

[PDF] The Mulligan Concept Of Manual Therapy: Textbook Of Techniques, 1e

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Books Details:

Title: The Mulligan Concept of Manua
Author: Wayne Hing PhD MSc(Hons) A
Released:
Language:
Pages: 500
ISBN: 0729541592
ISBN13: 9780729541596
ASIN: 0729541592

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pdf, mobi, epub, azw, kindle

Description:

An essential reference for the manual therapist seeking to improve patient's movement using pain-free hands-on techniques.

Designed as a companion to Mulligan Concept training courses, the text is divided by: Body regions with techniques highlighting key information to assist with clinical reasoning and assessment Patient and practitioner positioning, guidelines for application and further adjustments.

"..an excellent clinically grounded text providing clinicians with hands on, day-to-day, impactful techniques." **Reviewed by** Stuart Elwell on behalf of Physical Therapy in Sport, September 2015

"..can be used as an easy-to-follow manual for clinicians who are familiar with the concept." **Reviewed by** Llewellyn Boucher on behalf of The British Pain Society Newsletter, Pain News, June 2015

"The most comprehensive technique textbook for the Mulligan Concept to date." **Reviewed by** Evan Thomas on behalf of Physiopedia, September 2015

"...ideal for all manual therapists, from novice to experienced, as well as researchers, teachers, and students." **Reviewed by** Evan Thomas, Sept 2015

- Covers a range of Mulligan techniques including Mobilisation With Movement and Pain Release Phenomenon
- Dictionary of annotations for techniques described
- Step-by-step instructions to over 160 Mulligan techniques
- Highly illustrated
- Over 40 expert contributors from 15 countries
- Home exercises and taping techniques also included.

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